



E.S.SKI A. SUMMER TRAINING DAYS 2010

E.S.SKI A. will be holding six **training days this summer** and would like to offer the opportunity to your pupils to take part. It is expected that they will opt for one day, but could attend more if they wished and numbers permitted.

The Summer Training Days are aimed at pupils in year 4 or older. Trainers who have worked with the E.S.SKI A. Squads on the snow will be staffing the training days. The days are intended as a starter layer to the **E.S.SKI A. Development Programme**, and there will be elements tailored specifically for the younger children, who we are particularly keen to encourage. Alongside this, we will encourage our squad members to participate thus setting the pace for progress.

On each of the days the emphasis will be on enjoyment and technique, with some pole training. **Please encourage children to come – previous race training experience is NOT necessary.**

Each day will consist of two ski sessions, with a break for lunch or snack in between. It is also an opportunity for teachers and parents to meet E.S.SKI A. staff and there is often a question/answer session on some ski related topic for the adults. (refer to your local program which will be sent to all those applying to a specific venue)

We would be grateful if you could copy and pass on the details to suitable pupils and ask them to return the form as soon as possible. **Places will be limited so early application is advisable.** Further details will be sent to those applying.

Hope you have had good skiing this season.

Lesley Gash
Summer training co-ordinator
lesleygash@aol.com



E.S.SKI A. SUMMER TRAINING DAYS 2010

These will be held at:	Stoke Ski Centre	Sunday 6th June
	Welwyn Ski Centre	Sunday 13th June
	Brentwood Ski Centre	Saturday 19th June
	Southampton Ski Centre	Sunday 27th June
	Rossendale Ski Centre	Sunday 27th June
	Silksworth Ski Centre	Sunday 4th July

Cost: **£20 per day for those in member schools**
 £25 per day for those in non paid-up schools

Please fill in the form (one separate copy for each day you are applying for) and return it/them **as soon as possible** to:

Stoke; Julia Humfress, Kiaora, Waresley Rd, Hartlebury, Worcestershire, DY11 7XT,
Tel 01299 251526

Rossendale; Maurice Campbell, Heath Bank, Little Heath Road, Littleton, Chester,
CH3 7DW, Tel 01244 332133

Welwyn; Mrs M Harcourt, 37 The Ryde, Hatfield, Herts, AL9 5DQ,
Tel. 01707895655

Silksworth; Lesley Maitland, 6 Allendale Square, Sunderland,
Tyne and Wear, SR3 3BT, Tel 07710953656

Southampton; Lesley Gash, Meadowside, Poles Lane, Otterbourne, Hampshire,
SO21 2DZ, Tel 01962 711178 lesleygash@aol.com

Brentwood; Gwenderlyne Southall, 4 Valley Walk, Hythe, Kent, CT21 5TY,
Tel. 01303 265022

If we are unable to accept your application you will be notified.
Full details will be sent nearer the time by the Area Organiser to those accepted.

If you wish to have an immediate acceptance of application please send a stamped addressed envelope with your form.



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*NAME *DATE OF BIRTH

ADDRESS

.....

.....

POST CODE TEL.....

*Email (please print clearly).....

*SCHOOL

*Signature of parent/guardian.....

*Name (of signatory above).....

Please tick as appropriate: I would like to attend the training day/s at:

- | | |
|-------------------------------|--------------------------------------|
| Stoke Ski Centre | Sunday 6th June |
| Welwyn Ski Centre | Sunday 13th June |
| Brentwood Ski Centre | Saturday 19th June |
| Southampton Ski Centre | Sunday 27th June |
| Rossendale Ski Centre | Sunday 27th June |
| Silksworth Ski Centre | Sunday 4th July |

I enclose a cheque (payable to E.S.SKI A.) for £_____.